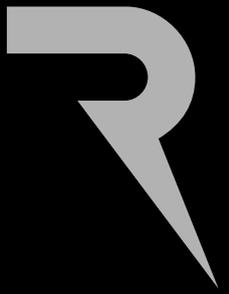


TRAIN TO REACT



**REAXRAFT**

THE FLOATING BOARD

REAXRAFT



THE FLOATING BOARD

# REAXRAFT

**“Water oscillation destabilizes any movement performed on the floating board. Your workout turns out to be unpredictable, effective and fun”**

Reax Raft is an original product to develop motivating water training programs. The unstable surface increases the intensity of any exercise, triggering the athlete's ability to react quickly and find balance following a disturbance. Each exercise becomes more effective and challenging when performed on the Floating Board. A vast number of training formats turns out to be more effective and fun. Diversifying your offer is a must for all those who want their customers to experience the latest innovations in the fitness industry. Reax Raft is the fitness trend of the moment, not to be missed if you want to renew your courses in the pool.

*Reaxing is the first company in the world to develop a training methodology and a product range exploiting the “Sudden Dynamic Impulse” technology. Unpredictable stimuli train your senses and take training to a much higher level in terms of quality and quantity by increasing sports performance and metabolic activity, improving muscle reaction time and reliability in post-trauma recovery phases, as well as reducing the risk of injuries.*



Reax Aqua Training combines all the components of water fitness. Toning, coordination and joint mobility exercises are blended in each training program in an effective and fun way.

REAX RAFT

# TRAINING

Reax Raft adds unpredictability and enhances the benefits of training in terms of physical performance and mental well-being that only water can give. Water boosts training performances to a much higher level in terms of intensity, by improving:

1

## COORDINATION

Reax Raft improves the awareness and perception of your body

2

## BALANCE

The instability of the water causes the body to constantly shift to allow balance to take place

3

## ENDURANCE

Cardiorespiratory and muscular endurance improve through differentiated programs

4

## MUSCLE TONE

All deep muscles are activated like the stabilizer muscles in the core area that are engaged to react to the continuous shifts of the board.

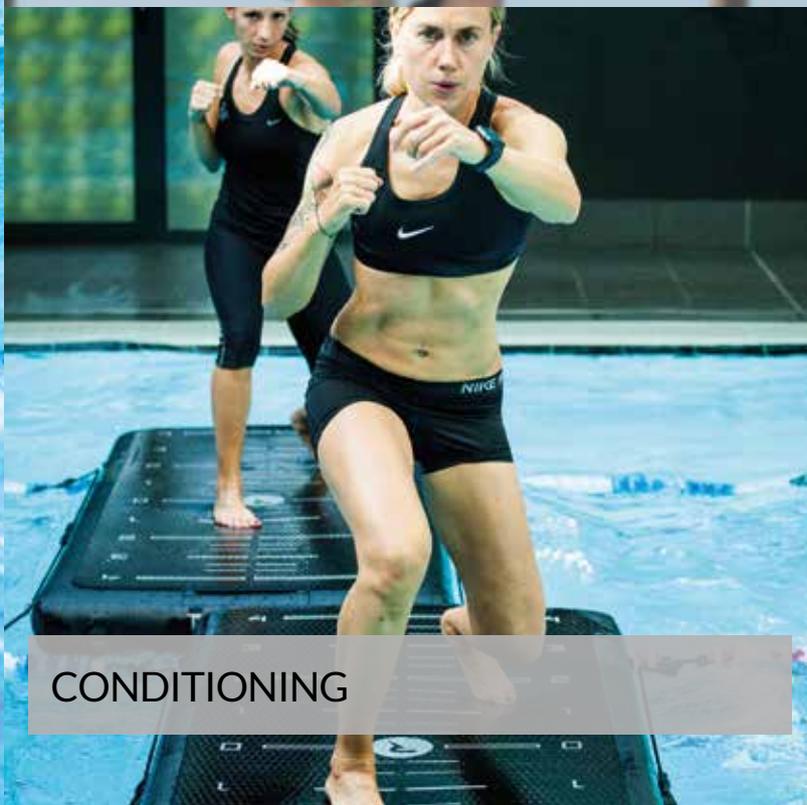




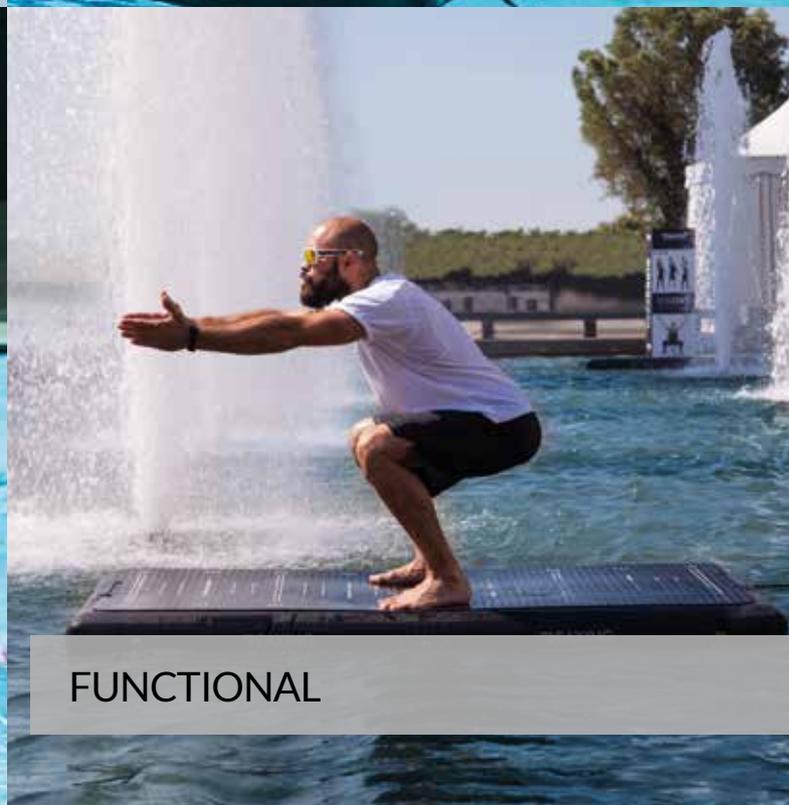
YOGA



PILATES



CONDITIONING



FUNCTIONAL

# TECHNICAL SPECS

Reax Raft is a professional product conceived and manufactured in Italy. It is available in two elegant colors: black and grey. In case of exposure to atmospheric agents such as sun, salt and chlorine, we recommend the lighter version in order not to alter the product finishing.

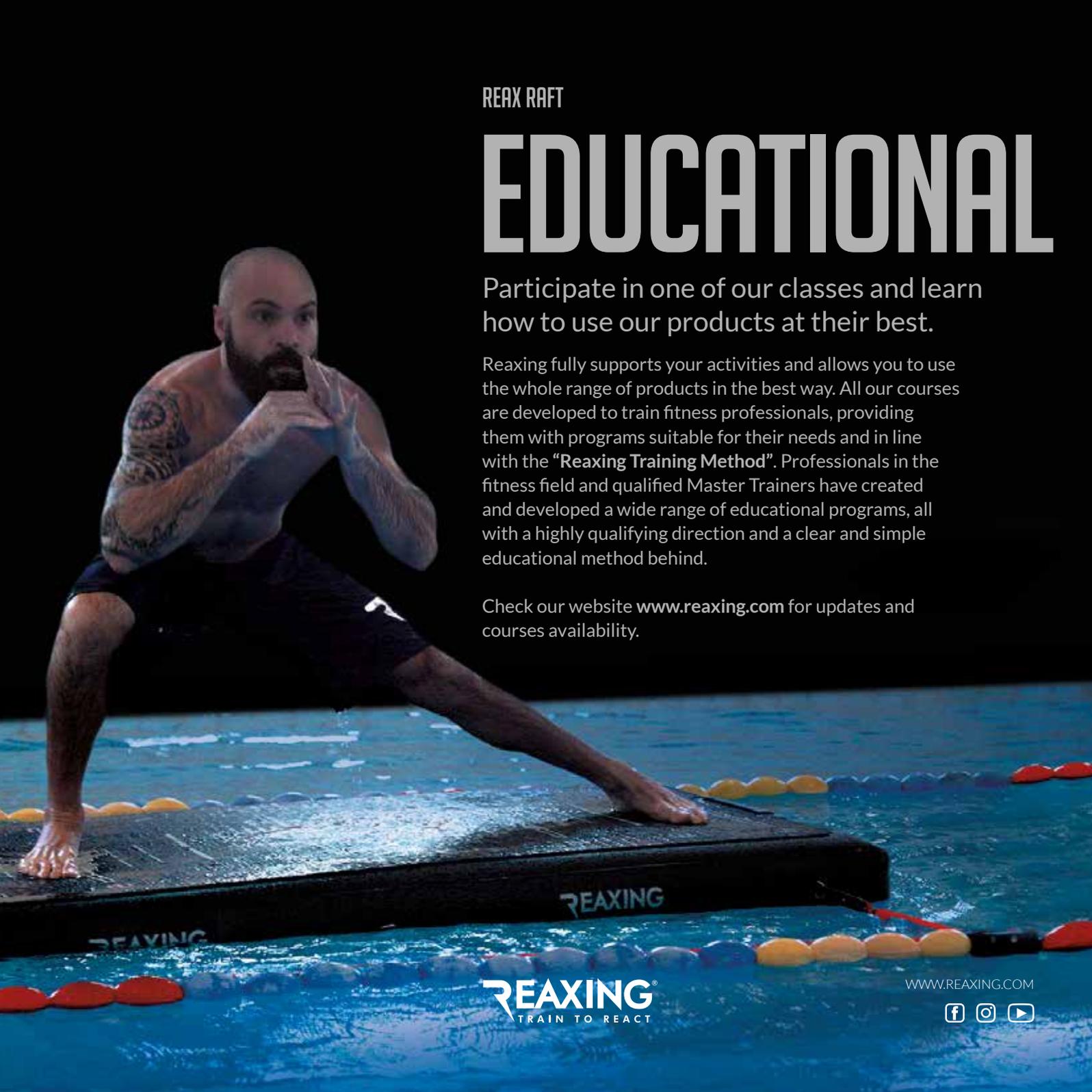
**RX1024-BK**

**RX1024-GY**





The set-up in the swimming pool is very quick as Reax Raft has an original, fast and safe anchoring system ideal for swimming pools in resorts, clubs and sports centers. The particular non-slip surface guarantees comfort and safe grip, allowing the user to perform exercises standing, lying on the back or on the chest.

A man with a beard and tattoos is performing a side plank on a black Reaxing raft in a swimming pool. He is in a low, athletic stance with his hands clasped near his chin and one leg extended. The raft has the word 'REAXING' printed on it. The pool water is blue with yellow and red lane markers.

REAX RAFT

# EDUCATIONAL

Participate in one of our classes and learn how to use our products at their best.

Reaxing fully supports your activities and allows you to use the whole range of products in the best way. All our courses are developed to train fitness professionals, providing them with programs suitable for their needs and in line with the “**Reaxing Training Method**”. Professionals in the fitness field and qualified Master Trainers have created and developed a wide range of educational programs, all with a highly qualifying direction and a clear and simple educational method behind.

Check our website [www.reaxing.com](http://www.reaxing.com) for updates and courses availability.

**REAXING**<sup>®</sup>  
TRAIN TO REACT

[WWW.REAXING.COM](http://WWW.REAXING.COM)

